

PRE-OPERATIVE INSTRUCTIONS
Vistar Eye Center, Inc.
Nicholas A. Ramey, M.D.
(For patients having plastic eye surgery)

- Your surgery has been scheduled at the Roanoke Valley Center for Sight, 438 West Main Street, Salem, Virginia. Their telephone number is 540-378-5276.
- Your surgery is scheduled for _____.
- A nurse from the surgery center will call you and tell you what time to arrive for your surgery. **This arrival time is never permanent and is subject to change, even on the day of your surgery.**
- If you do not hear from a nurse by noon on the day before your surgery, please contact the surgery center at 540-378-5276 or Toll Free 1-866-378-5276.
- Please wear comfortable cotton clothing with no metal and a short sleeve top that buttons down the front and would be easy to remove if necessary. You will not have to change your clothes if the blood pressure cuff and other monitors can be placed without interference.
- Please do not eat or drink anything within 8 hours of your arrival time for surgery.
- **With the exception of aspirins and/or blood thinning medications and diabetic medications**, you should take your routine medications (example-blood pressure medications) on the day of your surgery with clear liquids only. Please refer to the attached sheets for further explanation of aspirins and/or blood thinning medications.
- **You must have a driver who stays at the center while you are having surgery and can drive you home after you are released.** Please do not bring children with you.
- You may bring hearing aids and glasses. Please remember to bring their protective cases with you for storage.
- You need to bring **2 forms of identification** with you. One of these needs to be photo identification. Please leave valuables such as watches, rings, and necklaces at home.
- It is your responsibility to provide Vistar Eye Center and Roanoke Valley Center for Sight with all insurance information needed to file your claim. Please note that you will incur three separate charges: physician's charger, surgery center's charge, and anesthesia. You are responsible for any co-pays and/or deductibles.
- If you have any questions or concerns, please contact Ann Gravely at 540-344-400 ext. 4353.